

## Life Without Limits

### OUR MISSION

*UCP provides innovative strategies to connect people with disabilities to their communities.*

## UCP Hires Workers with Disabilities

United Cerebral Palsy Land of Lincoln welcomed the startup of the *Gone For Good* Document Destruction business in October as part of the AbilityOne Program. *Gone For Good* offers new opportunities to people with disabilities to achieve employment through skills training, job development and career exploration, and to successfully enter the workforce and earn a sustainable wage.

New equipment arrived at the *Gone For Good* facility on December 1, 2009. *Gone For Good* employees received training on the shredding system's safe operation and maintenance. Employees can produce large shredded paper bales weighing up to 1,400 pounds with the new equipment in a fraction of the time it used to take them to produce comparable results. The bales will be sold to recycling companies, generating additional income for the business.



The AbilityOne Program partnership with *Gone For Good* helps in so many ways; documents are securely rendered un-readable, people with disabilities are earning a paycheck and it promotes recycling and green communities. *Gone For Good* will be recruiting new accounts in Springfield, Central Illinois and the greater St. Louis area during January. If your business has a need for document destruction, please contact John Moulton at 217-525-6522.

## Children's Programs

### OFFICERS OF THE BOARD

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### BOARD OF DIRECTORS

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Joanie Whaley

### Beauty and The Beast

On October 8, 2009 over 75 individuals with disabilities and their families attended the Springfield Theatre Centre's full dress rehearsal of "Beauty and the Beast" at the Hoogland Center for the Arts.

The performance featured wonderful songs, costumes and special effects. After the show, children and families had the opportunity to meet all cast members in full costume and take pictures.

This was a very special and memorable night for the families UCP serves. It would not have been possible without help from the following people: Jane Brownback, Director; Ann Opferman, Assistant Director; the entire Cast, Crew, and Orchestra; as well as Cheryl Sakris.

### Children's Updates

Watch for postcards inviting youth ages 14-21 to our YES! Club events.



## News

### UCP Opens New Accessible Homes

United Cerebral Palsy Land of Lincoln expanded their residential services program by opening two new accessible homes on September 9, 2009. Ten residents are living independently in their new homes, which have large rooms, roll-in showers and countertops and switches at wheelchair level. Not only has the move increased the individuals' independence, it has also increased their visibility and involvement in the community.



UCP would like to thank the U.S. Department of Housing and Urban Development, Representative Raymond Poe, the Illinois Department of Commerce and Economic Opportunity, the Federal Home Loan Bank, Bank of Springfield and US Bank for their support in obtaining the funding for construction of the homes.

UCP also thanks Dr. Sherry Simmons, Walmart, Matt Yarnell, Paul Wappel, Pat & Mark Townsend, Terry Supan, Greg Slomer & Kathryn Stelling, Todd & Helen Renfrow, Saul Morse & Anne Morgan, Ken & Shelley Hoffman, Mark & Teri Greenwald, Jill & Bob Egizii, Pete & Jean Camp, Wes Barr and the Springfield Social Club for their contribution toward furnishings and household equipment.

### “Diversity in the Human Community”

During January through March 2009, artist Jim Edwards worked with adults with disabilities in UCP's Day Training Program to create a mural depicting life in Springfield. The name of the mural is “Diversity in the Human Community,” which now hangs in the hallway of the Day Training facility. The individuals had the opportunity to express themselves through art. Saddle Up!, UCP, the city skyline and various community activities are included on the mural. Thanks to the Springfield Area Arts Council for funding the project.

### Mark Your Calendars!

**January 16, 2010**  
Decatur UCP/Miller Lite,  
Barstool Open  
11:00 p.m.—5:00 p.m.

**January 31, 2010**  
Telethon  
11:00 a.m.—5:00 p.m.  
Crowne Plaza

**TBD**  
Frozen Par-Tee Classic  
11:00 a.m. —5:00 p.m.

**March 6, 2010**  
Decatur Life Without Limits  
Celebration

**May 1, 2010**  
Blue Chip Gala

### UCP Employee Receives National Award

Teresa McCarthy, a Vocational Manager at UCP, was awarded the E.B. Whitten Silver Medallion Award on September 12, 2009 at the National Rehabilitation Association Annual Training Conference in Louisville Kentucky. The award recognizes leadership in removing barriers and in overcoming discrimination of persons with disabilities. Congratulations Teresa!



### Honors and Memorials

*In memory of Jacob Douglas:* Mr. & Mrs. Stephen Douglas; *In memory of Richard Falzone:* Mr. & Mrs. Anthony Crifasi, Laura Crifasi; *In memory of Don Hawthorne:* Richard Snyder Ttee; *In memory of Kenneth Hopkins:* Fourth Street United Methodist Church, Mr. & Mrs. Dan Kirchgessner, Mable Woolsey Elementary School, Ms. Jackie Miller; *In memory of Elsie Hovanec:* Mr. & Mrs. Anthony Crifasi, Ms. Laura Crifasi; *In memory of Derek Peterson:* Mr. & Mrs. Anthony Crifasi, Ms. Laura Crifasi; *In memory of Mark Simpkins:* UAW Local 2488; *In memory of Leroy Trayer:* Ms. Patricia Pearson.

## Events

### LPGA State Farm Classic

United Cerebral Palsy Land of Lincoln would like to thank the LPGA State Farm Classic for the \$20,000 they awarded UCP from the 2009 Classic proceeds. This year marked the 22nd year that UCP was a partner with the Classic, a major funding source for UCP's Lekotek program, a toy lending library. Proceeds from the Classic are used to purchase adaptive toys for the Lekotek programs in Springfield and Decatur, as well as satellite services in Bloomington. A special thanks to our many volunteers who staffed the Volunteer Hospitality tent, marshaled, delivered breakfast and assisted on Pro-Am Day.

### 2009 Annual Meeting

United Cerebral Palsy Land of Lincoln's Annual Meeting was held on Wednesday, November 18, 2009 at the Crowne Plaza Hotel. Special recognition went to Representative Raymond Poe for his advocacy and help with securing capital support, and to Sports Radio 1450 AM's Sam Madonia for his public education efforts.

Congratulations: George A. Mueller Beer Co., "Outstanding Corporate Support;" Dennis Harris, "Outstanding Board Member;" Jim Reinhart, "Outstanding New Board Member;" American Business Club of Springfield, "Outstanding Community Partner;" Gary Reynolds, "Outstanding Telethon VIP;" The Herron Family, "Outstanding Telethon Team;" Vala Companies, "Outstanding Telethon Super Six Team;" Ivy Barker, "Outstanding Volunteer;" Josh Webster, "Outstanding Camp Volunteer;" Hoogland Center for the Arts, "Employer of the Year;" Katie Germain, "Gene Schneider Leadership Award;" Eric Swartz, "David Daily Community Employment Award;" Julie Holman, "Donna Newton Employee of the Year."

Congratulations to UCP staff: Kenyada Collins, Annette McGhee, Lori Buzick, Cassidy Dodd, Julie Holman and Latisha Brownlee, "5 Year Service Award;" Char Fanning and Jennifer Niebrugge, "10 Year Service Award;" Rebecca Ketchum-Knoop, "20 Year Service Award."

### 5<sup>th</sup> Annual Dean Jackson Charity Golf Outing

The Dean Jackson Golf Outing was held on Friday, October 2, 2009 at Piper Glen Golf Course and raised \$4,146. The proceeds generated from this golf outing will be used to obtain Amtrykes for children with disabilities and to help support UCP's Children's Programs. Thank you to our sponsors: Tournament Sponsor - Small Business Growth Corporation; Hole Sponsors - AXA Advisors, Dr. Sunil Bansil, BJ Grand Salons, Brickhouse Grill & Pub, Butler Funeral Homes and Cremation Tribute Center, Denmar Builders, Evans Restoration Services, ICC's Best—Dean's Friends on 6, Landmark Automotive Group, Marine Bank, Nicoud Insurance Services, R.W. Troxell, Tom Lange Co., Tobin Jewelers, Don Tracy for Lt. Governor of Illinois (R), United Community Bank, U.S. Bank; Driving Range Sponsor - Dominion Power Plant; Lunch Sponsor - The Office Sports Bar and Grill; Transportation Sponsor - Harmony Limousine; Donors - MJ Kellner, Tom Lange Co. A special thanks to all of our in-kind sponsors!

### Arts Stars Exhibit

RMD Gallery & Framing Studio, United Cerebral Palsy Land of Lincoln, George Alarm Co., Kathryn Eisenhart, McDonald's - Steve and Karen Jeffers, Nelson's Catering, Norm and Vicki Megginson and Steve Mills joined forces to spotlight the artistic abilities of children and adults with disabilities as part of the 3rd Annual *Art Stars: Life Without Limits* program. The Springfield community came out and supported these local artists by helping to select a "People's Choice" award winner, while Mayor Tim Davlin chose his favorite piece of artwork. Congratulations to Jacob Moore for winning "The Mayor's Choice Award" and to Olivia Langbehn for winning "The People's Choice Award."



## Events

### UCP Needs Your Help More Than Ever This Year!

**Most of UCP's State funding has been cut for Children's Programs. Please watch the 2010 Telethon Sunday, January 31, 2010 on WICS News Channel 20 and call in to make a pledge!**



## Decatur

### The 2010 UCP/Miller Lite Barstool Open

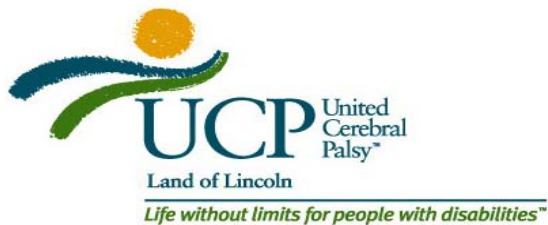
The 9th Annual UCP/Miller Lite Barstool Open will be held Saturday, January 16, 2010. As the nation's largest Barstool Open, it is a seven-hole round of miniature golf with six courses at 42 various bars and restaurants throughout Decatur. The cost for the event is \$120 per team of four. Sign up at all participating restaurants and bars or on UCP's website at [www.ucpll.org](http://www.ucpll.org). If you are interested in volunteering or would like more information, please call 217-428-5033.

Participating bars and restaurants include: 22nd St. Discount, 48 Inn, AIW Hall, American Legion Post 105, Barb's Place, Belvidere Inn, Bourbon Barrel Bar & Grill, Bud's Hillbilly Lounge, Clockwork Pizzeria, Curly's Bar & Grill, DAV Chapter 17, Doherty's Pub & Pins, The Dugout, Eagle's Lodge 507, Elbow Room, Elk's Lodge 401, Escape Lounge, Friendly's, Jabroni's, Jimmy Ryan's at One Main Place, Just One More, Katz on Merchant, Ken's A Frame, KC Hall, Mac's Tackle Box, Moose Lodge 684, Nellie's Lounge, Pastabilities Italian Grill, Pop's Place, The Pour House, Rendezvous Bar & Grill, Rocco's, Sliderz Bar & Grill, Sparetime Lanes, Starship Billiards, Sundown Lounge, Thirsty's, Timbuktu, VFW Post 99, The Wagon, Whit's End and The Winery.

A special thanks to Geo. A. Mueller Beer Co., Decatur Blueprint, Inc. and Cromwell Radio Group.

### Life Without Limits Celebration

The 2010 Decatur "Life Without Limits Celebration" will be held March 6, 2010 at the Decatur Club. The evening's festivities will include live entertainment, live and silent auctions and the "Celebrities Dancing for Dollars" contest. Last year's Celebration raised \$18,900 for UCP programs and services. UCP is looking for sponsors and dancers for this event. For more information call Rene at 217-525-6522.



Non-Profit Organization  
U.S. Postage Paid  
Permit No. 82  
Springfield, IL

101 N. 16th Street Springfield, IL 62703



## Bloomington

### UCP Fills Service Gap in Bloomington

On July 1, 2009 United Cerebral Palsy Land of Lincoln acquired a Supported Employment Contract as the Occupational Development Center closed its doors in Bloomington, Illinois. UCP set up a seamless transition plan for 20 workers with disabilities in collaboration with the Division of Rehabilitation Services (DRS). UCP is currently providing job support services to approximately 50 people with disabilities in addition to residential services.



### UCP Receives Grant From McLean County Health Department

On December 1, 2009 the McLean County Board of Health and the 377 Board awarded UCP Land of Lincoln over \$116,000 for UCP's Supported Employment Program (SEP). The grant will help UCP provide supported employment services to individuals who need long-term support services. The goal of SEP is to promote and develop employment strategies that enable individuals with severe disabilities to enter the job market and become more independent.